

What is CDPAS?



Maximizing Independent Living Choices

MILC's Taking Control CDPAS program allows individuals with health conditions or disabilities to hire, monitor, train, and terminate personal care assistants. Taking Control allows you to direct your assistant in tasks that include, but are not limited to: Bathing, Cooking, Cleaning, Medication Assistance, and Personal Errands among others.

There are two methods of paying for the service:

Fee-For-Service

If either you or your insurance are able to pay, contact us and we will set up payroll and other services.

Medicaid

If you are eligible through Medicaid or a Medicaid Managed Care Health Benefit Plan for personal assistant services, contact your caseworker and they will give you information on how to proceed.

If you have questions or would like Taking Control services - contact MILC's CDPAS Coordinator today!

Serving ALL of St. Lawrence & Franklin Counties

Maximizing Independent Living Choices

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TAKING CONTROL

Consumer Directed Personal Assistance Services (CDPAS)

www.milcinc.org

Frequently Asked Questions

Do I have to pay workers out of my own pocket and get reimbursed?

No. We act as the "employer of record" and handle all paperwork, payroll, and taxes for you. However, if the assistant exceeds the allotted hours, you are responsible for that amount.

Can I hire a family member?

Yes you can hire any family member (over the age of 18) that does not live with you. If the family member lives with you, and your condition requires a high level of care, they may be eligible if they are not your spouse or parent.

How do I find an assistant?

If you do not already have someone in mind, we can assist you to find someone through advertisements or other current assistants.

What tasks can an assistant perform for me?

Assistants can provide a variety of services including:

- Taking a bath or shower
- Getting in and out of bed
- Cooking and cleaning
- Personal errands (shopping, banking, etc.)
- Medication assistance
- AND MORE!

Does my Assistant have to have a license?

No. But, you have to have the ability to train, monitor, and direct the tasks that your assistant performs for you.

How Do I enroll in Taking Control?

There are two phases to getting a personal assistant through our program:

CONSUMER APPROVAL

Before contacting us, check that you meet these three requirements:

- You are enrolled in Medicaid or a Medicaid Managed Care Benefit Plan, or you or your insurance will pay for the service.
- A doctor has given you orders for home health care.
- You can understand and make decisions regarding your own care, or have chosen someone to do this for you.

If you meet these three requirements:

You need to contact your insurance caseworker or long term care gatekeeper and they will advise you regarding the next steps. You may also call MILC for help to become enrolled.

If you are using Fee-For-Service (you or your insurance are paying), call us and we will set up payroll and other services.

ASSISTANT APPROVAL

1. You can select anyone to be your assistant, with a few exceptions. Ask the person you have chosen to contact us.
2. Your assistant needs to have a physical and Tuberculosis test. We will pay the costs for both if the Assistant does not have insurance.
3. We contact the Assistant and arrange for them to use the automated check-in system as well as orient them on the program and good safety and work habits.

After both of these phases are complete, your assistant can begin working with you.

**Contact MILC today to
begin
TAKING CONTROL**

